

move
4 style

we make you dance...

STUNDENPLAN

move4style.com

BREGENZ

Fitness Paradise, Mariahilfstr. 6, A 6900 Bregenz

MONTAG

19.00 – 20.00	Hip Hop	Fatmir	M
20.00 – 21.00	Michael Jackson Style	Matthäus	M
21.00 – 22.00	Pole dance	Ulli	

DIENSTAG

19.00 – 20.00	Starmoves	Anna	F
20.00 – 21.00	Pole dance	Ulli	
21.00 – 22.00	Pole dance	Ulli	

MITTWOCH

17.00 – 18.15	Breakdance Kidz (ab 8 J.)	K.	E
18.15 – 19.30	Breakdance Basics (ab 12 J.)	K.	E/M
19.30 – 20.30	Step & workout	Heidi	M
20.30 – 22.00	Backside Crew (Showtraining)	Dejan	

DONNERSTAG

17.00 – 18.00	Kidz dance	Anna	E
19.00 – 20.00	Start 2 dance	Nicol	E
20.00 – 21.00	Ragga dancehall & Hip Hop	Nicol	M/F
21.00 – 22.00	Powermoves – Breakdance	Dejan	M

FREITAG

16.00 – 17.00	Hip Hop Teenies 1	Sabrina	E
17.00 – 18.00	Hip Hop Teenies 2	Sabrina	M
18.00 – 21.00	NTL & addiction Showtraining	m4s Coaches	

HOHENEMS

Fit & Gesund, Erlachstr. 10, A 6845 Hohenems

Do 18.00 – 19.00	Hip Hop Teenies	Hannah	E/M
Do 19.00 – 20.00	Hip Hop	Fatmir	M

TRIESEN (FL)

Factory Loft, Austr. 3, FL 9495 Triesen

Di 20.15 – 21.15	Hip Hop	Eveline	M
Mi 17.00 – 18.00	Hip Hop Teenies	Victoria	E

E = Einsteiger | M = Mittel | F = Fortgeschrittene

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